



2921 Illinois Road · Wilmette, IL 60091
www.avoca37.org · 847-251-3587

February 10, 2021

Dear Parents/Guardians and Colleagues,

This email updates guidance used by Avoca District 37 to determine quarantine for any student or staff member that has traveled outside Illinois for more than 24 hours. To-date the District has followed the travel guidance issued by the Cook County Department of Public Health (CCDPH). **This will continue to be the case and this guidance could be revised accordingly.**

First, I will review the most **recent** revision to CCDPH guidance. I will end by highlighting what this means for our Return from Spring Break.

Revised Cook County Travel Guidance

Late last week, the Cook County Department of Public Health (CCPDH) updated its travel guidance for anyone traveling to suburban Cook County from designated states with a significant degree of community-wide spread of COVID-19. Anyone traveling from a state on the "Orange" list is directed to quarantine (7 or 10 days) **or** obtain a negative COVID-19 test result no more than 72 hours prior to arrival in suburban Cook County or quarantine for a 10-day period upon return. **If you cannot take a test prior to your arrival, you may take it upon return but must quarantine until you receive results.**

Click [HERE](#) to access the latest travel guidance. In sum, **travelers within the U.S.** have these options:

1. If you travel anywhere in the United States that is coded orange, a 7-day post travel quarantine (school staff) or 10-day quarantine (minors) is recommended.

OR

Obtain a negative PCR COVID-19 Test (**rapid tests are not allowed**) no longer than 72 hours prior to your return (could be after you return but before you come onsite to school).

No quarantine is recommended after travel to a state/territory that is not orange (as of 2/9/21 - North Dakota, Alaska, Hawaii, and Puerto Rico) This list is updated every other Tuesday and goes into effect the following Friday at 12:01 a.m. The next update will be Tuesday, February 23, 2021.

2. Children under the age of 18 are exempt from quarantine if they traveled with adults who have received a negative COVID-19 test no longer than 72 hours prior to your return (or after your return). Children who travel alone should follow the guidance in #1 above.

Your Part

Non essential travel is still not recommended. Or you can quarantine upon return from an "orange" state. Or, for those utilizing the "negative PCR COVID-19 Test" option to return without quarantine, please forward your results to the school nurse prior to return. If you test positive, please notify the nurse and she will outline the next steps regarding quarantine for yourself and/or the student in your household.

(continued on the next page)

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*The mission of Avoca school District is to
maximize the unique potential of each child.*

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